

**PSHE
KS3
Year 7**

Introduction

Welcome to your Oxford Home Schooling Key Stage 3, Year 7 PSHE and Citizenship course! In this introduction you can read about what you can expect from the course and how to plan your PSHE studies effectively. Even though both are in the National Curriculum, PSHE and Citizenship are separate and distinct subjects that work well together.

The course has been set out in four modules which bring together the various skills that you need to develop. In this Year 7 course the first three modules are based on PSHE and the final module is on citizenship. Each subject has its own skill set and range of content. Each module has been mapped to the Every Child Matters agenda as well as the PSHE and Citizenship curriculum. There are also cross-curricular links to other key subjects such as English Literature, English Language, Geography, History and IT. This course also introduces the idea of career guidance which will be explored in more detail at Year 8 and Year 9.

The course is based on the kind of topics you would study in PSHE and Citizenship if you were in a school. Citizenship has been a compulsory subject for both Key Stage 3 and 4 since 2002.

There are seven TMAs (tutor-marked assignments) throughout the course and these are a chance to practise new skills. Self-assessment tests are at the end of each section – you'll find a short test that covers the key points in that topic. Complete the tests immediately after completing a module to check you understand the main points.



Oxford Home Schooling

By studying this course, you will develop an understanding of what PSHE and Citizenship is all about. One of our main aims is that you will enjoy the material and want to carry on learning at the end of the course.

There are comparable courses for Years 8 and 9. We hope you will go on to these in due course.

Arrangement of Lessons

Module 1 Great Expectations

Lesson 1	Autobiography
Lesson 2	Family
Lesson 3	Careers
	Tutor-marked Assignment A
Lesson 4	My brilliant brain
	Tutor-marked Assignment B

Module 2 Safety

Lesson 5	Technology
	Tutor-marked Assignment C
Lesson 6	I-Spy
Lesson 7	Internet and mobile phone safety
Lesson 8	Fireworks
	Tutor-marked Assignment D

Module 3 Live long and live strong

Lesson 9	Water
Lesson 10	Food, glorious food
	Tutor-marked Assignment E
Lesson 11	Friendship
Lesson 12	Bullying

Module 4 Citizenship

Lesson 13	The good ship 'citizen'
Lesson 14	Government
	Tutor-marked Assignment F
Lesson 15	Global citizenship
Lesson 16	It's a girl
	Tutor-marked Assignment G

The Structure within Lessons: How to Study

Front Page

The front page of every lesson shows:


- the **title**
- **aim(s)** for the lesson. These tell you what you should have learned after having worked through the lesson.
- the **context**. This gives a brief summary of how this particular lesson relates to the rest of the course.

Lessons

You should read all sections of the lesson carefully until you have a thorough understanding of the topics. Your parent or guardian will have their own guides, to be detached from the end of each module, and they or your tutor will be able to help you with any areas of lessons that you find particularly difficult.

Activities

Every lesson also has a range of questions, practical activities and internet activities to make the topics more exciting and easy to understand. They usually look like this:

Activity	Activities often involve writing a short answer or drawing a diagram. Suggested answers to these activities are generally given within the Parental Guide for each module.
	<p>In general, it is expected that you will write your answer in the space provided. Depending on the size of your handwriting and what you want to say, you may well find that there is not always enough space. If so, continue your answer on a separate sheet of paper and file it in the relevant place in your copy of the course.</p> <p>If no blank space is given, it is expected that written work, if any, will be done on a separate piece of paper and perhaps slotted into the appropriate place in the file.</p>

Some optional activities are marked as 'Extension Activities'. You can do these if you would like to try something a bit more challenging, or if you are particularly keen on the topic.

Self-Assessment Activities

At the end of many lessons, you will find a self-assessment test designed to test your factual recall of the content of the lesson or the accompanying text.

Tutor-marked Assignments

Every module is tested with one or two TMAs, which will give you and your parent or guardian a very good idea of how well you are progressing. **You should answer all TMAs on lined paper.** This gives you the opportunity to develop neat, well structured answers, as well as show what you have learned.

Alternatively, it may be possible for you to word-process your assignments and print them out or send them as e-mail attachments.

You should not write the answers to questions on the pages from the folder and then send them in to your tutor. There are two reasons for this: firstly, you should keep the original pages for revision, and secondly, it does not encourage good study skills and organisation of materials.

Module Guides for Parents

There is a separate Parents' Guide for each module of the course. It is recommended that parents take these documents out of the course and keep them in a safe place.

Each Parents' Guide contains everything that a parent should need to offer practical support to the student. There is guidance on the content and aims of each lesson in the course, together with guidelines to help with marking most of the activities. Although it is possible for students to mark their own work, it is generally far more effective if a parent does the marking and provides feedback on the lesson as a whole.

The answers should also provide a starting point for discussion, so that you can let your parent or guardian know how easy or difficult you found the course material.

The Guides also contain:

- discussion of practical issues

- guidance on internet resources
- a section on topics that you may find difficult

Your Tutor

Your tutor is available not only to mark the appropriate TMAs, but also to offer help and advice when needed.

And finally... very good luck with your studies!

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